

## BIKE MONTH &

## B--I--N--G--O

Biked at least 5 miles today

Used <u>Bike Month</u>
<u>Poster</u> as a Zoom
background and
shared the poster

Plan a bike ride along <u>Utah's U.S.</u> <u>Bike Route</u> (USBR) system

Rode to a local restaurant/ food place



Fitted my helmet

Took a selfie at a Utah State park



Rode on a new trail

Decorated my bike/helmet for Bike Month

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Checked my lights

Joined the Move
Utah Bike Month
Strava Challenge

Wore or added reflectors to my bike

Rode to a neighborhood park



Visited the Move Utah website

Biked at least 1 mile today

Tried a new bike route

Read about bicycle advocacy in Utah

Read about Utah's bike laws Used <u>TravelWise</u> to plan my route

Biked to a State Park

Watched a <u>bike</u> repair video

Donated/ volunteered to a biking <u>advocacy</u> group

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Stretched before biking

Rode to a place I'd never been before



Plan a safe route to school/work with <u>Safe Routes</u> Utah